

from the griddle

served with warm syrup and whipped butter

Buttermilk Pancakes	Single \$3	Two \$5	Three \$7
Blueberry Pancakes	Single \$3	Two \$5	Three \$7
Chocolate Chip Pancakes	Single \$3	Two \$5	Three \$7
Banana Walnut Pancakes	Single \$4	Two \$6	Three \$8
Cinnamon French Toast	Single \$4	Two \$6	Three \$8

Belgium Waffle \$7

Toppings: Strawberries \$3, Blueberries \$3, Bananas \$3, Walnuts \$3, Chocolate Chips \$2, Marshmallow \$2, Sweet Cream Cheese \$2, Oreos \$2, M&M's \$2, Nutella \$2

Sweet Cream Cheese Stuffed French Toast \$13

2 french toast stuffed with strawberries, blueberries, bananas, walnuts, sweet cream cheese

Chicken and Waffles \$14

belgium waffle, hand breaded chicken tenders, warm syrup, butter

Nutella Stuffed Pancakes \$13

2 chocolate chip pancakes stuffed with bananas and nutella

urban kitchen big breakfast

choice of pancakes, meat, two eggs(any style) and homefries (no substitutions)

Buttermilk Pancakes (2) \$13

Blueberry Pancakes(2) \$13

Cinnamon French Toast(2) \$14

Banana Walnut Pancakes(2) \$14

Belgium Waffle \$13

Choice of 1 meat: Pork Bacon, Pork Sausage Links, Scrapple, Turkey Bacon \$1, Canadian Bacon \$1, Turkey Sausage Patti \$1

Toppings Strawberries \$3, Blueberries \$3, Bananas \$3, Walnuts \$3, Chocolate Chips \$2, Marshmallow \$2, Sweet Cream Cheese \$2, Oreos \$2, M&M's \$2, Nutella \$2

make your own omelette

made with 3 eggs, homefries and toast (Sub egg whites \$1)

substitute home fries with fresh fruit, grits or sliced tomato

Egg Omelette \$7

Meats: sausage \$1, bacon \$1, ham \$1, turkey bacon \$2, smoked salmon \$4, chorizo sausage \$2, turkey \$2, gyro meat \$3, chicken breast \$3, turkey sausage \$2

Vegetables: onion \$.75, green peppers \$.75, broccoli \$1, spinach \$1, avocado \$3, mushrooms \$1, tomato \$.75, roasted peppers \$1, olives \$.75, jalapenos \$1, salsa \$.75

Cheese: american cheese \$1, swiss cheese \$1, provolone cheese \$1, feta cheese \$2, cheddar cheese \$1, fresh mozzarella \$2

breakfast sandwiches

served with homefries(substitute home fries with fresh fruit, grits or sliced tomato)

eggs are prepared fried(sub egg whites \$1)

Egg and Cheese Sandwich \$7

Choice of 1 meat: Pork Bacon \$2, Pork Sausage \$2, Scrapple \$2, Turkey Bacon \$3, Canadian Bacon \$3, Turkey Sausage \$3, Chorizo Sausage \$3, Grilled Chicken \$3

Breakfast B.L.T \$11

egg, bacon, lettuce, tomato, choice of bread

Avocado Breakfast B.L.T Wrap \$13

egg, guacamole, bacon, lettuce, tomato, cheddar cheese, wrap

Brunch Burger \$13

egg, 8 oz burger, bacon, american cheese, brioche roll

Breakfast Quesadilla \$14

egg, grilled onion, jalapenos, tomato, chorizo sausage, cheddar cheese, grilled tortilla served with salsa, guacamole and sour cream

bowls

Greek Yogurt Bowl \$8

topped with granola, honey, strawberries, blueberries & bananas

Steel Cut Oatmeal* \$7

topped with strawberries, blueberries & bananas served with brown sugar

*served until 11am

benedicts

served on a toasted english muffin and homefries

(substitute home fries with fresh fruit, grits or sliced tomato)

Traditional Eggs Benedict \$12

poached eggs, canadian bacon, hollandaise sauce

Crab Benedict \$15

poached eggs, crabcake, hollandaise sauce

Avocado Benedict \$13

poached eggs, avocado, bacon, hollandaise sauce

Smoked Salmon Benedict \$14

poached eggs, smoked salmon, hollandaise sauce

Filet Mignon Benedict \$15

poached eggs, char grilled filet mignon, hollandaise sauce

breakfast specialties

(substitute home fries with fresh fruit, grits or sliced tomato)

Cream Chipped Beef \$9

served over toast and homefries

Sausage Gravy Biscuits \$9

served over biscuits and homefries

N.Y. Strip and Eggs \$20

2 eggs(any style), homefries and toast(sub egg whites \$1)

Smoked Salmon, onion and egg scrambled \$14

served with homefries and toast (sub egg whites \$1)

Big Fish Bagel \$13

smoked salmon, lettuce, tomato, onion, cucumber, pepper, olives with cream cheese (complete)

Avocado Toast \$12

smashed avocado on whole grain toast, fresh fruit served with 2 eggs any style (sub egg whites \$1)

skillets

2 eggs over easy or scrambled topped with cheese served over a bed of potatoes with your choice of toast. (Sub egg whites \$1) (no substitutions)

Vegetable Skillet \$12

onion, peppers, mushrooms, broccoli, spinach, fresh mozzarella cheese

Meat Skillet \$13

ham, bacon, sausage, onions, peppers, american cheese,

Mexican Skillet \$14

chorizo sausage, onion, jalapenos, salsa, cheddar cheese, side guacamole

Avocado Skillet \$14

grilled chicken, avocado, tomato, cheddar cheese

eggs

(sub egg whites \$1) Substitute home fries with fresh fruit, grits or sliced tomato

Two eggs (any style) served with homefries and toast \$6

Three eggs (any style) served with homefries and toast \$7

breakfast sides

Pork Bacon \$3.5, Pork Sausage Links \$3.5, Scrapple \$3.5, Turkey Bacon \$4, Turkey Sausage Patties \$4, Canadian Bacon \$4, Chorizo Sausage \$5, Home Fries \$4, Avocado \$5, Side Grits \$4 (served until 11am), Fresh Fruit \$5, Side of Toast \$3, Toasted Bagel \$3

shakes and smoothies

Strawberry Banana Smoothie \$7 strawberries, banana, blended with greek yogurt

Wild Berry Smoothie \$7 strawberries, blueberries, banana, freshly squeezed orange juice, blended with ice

Pineapple Berry Smoothie \$7 pineapples, blueberries, strawberries, freshly squeezed orange juice, blended with ice

Banana Peanut Butter Smoothie \$7 banana, honey, peanut butter, almond milk blended with ice

Traditional Thick Milkshake \$7 choice of vanilla, chocolate, strawberry or black and white

Oreo Milkshake \$8 vanilla ice cream, oreo cookies, chocolate syrup

M&M Milkshake \$8 chocolate ice cream, M&M's, chocolate syrup

PB&J Milkshake \$8 vanilla ice cream, peanut butter, strawberries & blueberries

Chocolate Banana Nutella Milkshake \$8 chocolate ice cream, banana, nutella, chocolate syrup

Root beer Float \$7 vanilla or chocolate ice cream topped with root beer

appetizers

Fish Tacos \$14

fried cod strips, slaw, chipotle sauce

Jumbo Wings(10) \$14

choice of buffalo or honey barbeque served with celery and carrot sticks

Boneless Chicken Wings \$12

choice of buffalo or honey barbeque served with celery and carrot sticks

Baked Stuffed Mushrooms

with Crabmeat \$15

served with lemon butter sauce

Bang Bang Shrimp \$14

tossed in our chipotle sauce served over slaw

Cheesesteak Egg Rolls \$13

served with sriracha ketchup

Fried Mozzarella Sticks \$10

served with marinara sauce

Fried Calamari \$14

served with marinara sauce and lemon wedges

Hand Breaded

Chicken Tenders \$12

served with choice of sauce

Hand Breaded Onion Rings \$9

served with choice of sauce

Nachos \$13

tortilla chips, jalapenos, tomatoes, scallions, cheese, salsa, guacamole, sour cream.

choice of: beef brisket or grilled chicken

flatbreads

Margherita \$10 pesto, tomato, fresh mozzarella, spinach

BBQ Chicken \$11 chicken, bbq sauce, red onion, cheddar cheese

Mediterranean \$12 olives, tomato, feta cheese, arugula, lemon vinaigrette

burgers

grilled 8 oz burger ground in our kitchen lettuce, tomato side pickle, served on a brioche roll choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2 or side salad \$2 (sub for a Vegetable Burger \$2)

American Burger \$13

bacon, fried onion strings, american cheese

Mushroom Burger \$13

sauteed mushrooms and onions, swiss cheese

Traditional Cheese Burger \$12

Avocado Burger \$14

avocado, crumbled blue cheese

chicken sandwiches

grilled marinated chicken breast lettuce, tomato, side pickle served on a brioche roll choice of french fries, coleslaw, sweet potato fries \$1, onion rings \$2 or side salad \$2

Buffalo Chicken \$12

crispy chicken tossed in buffalo sauce with side of blue cheese dressing

Mediterranean Chicken \$13

fresh mozzarella, roasted peppers, pesto

BBQ Chicken \$13

bacon, BBQ, cheddar cheese, fried onion strings

French Onion Chicken \$13

sauteed mushrooms and onions, provolone, balsamic glaze

California Chicken \$14

avocado, swiss cheese

specialty sandwiches

choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2 or side salad \$2

Crab Cake Sandwich \$18 baked, served on a brioche bun with lettuce and tomato topped with lobster sauce

Classic Reuben \$15 choice of corn beef or pastrami on grilled rye with swiss cheese, sauerkraut, russian dressing, side pickle

B.L.T Sandwich \$11 bacon, lettuce, tomato, mayo, choice of bread

Open Face Turkey Sandwich \$14 sliced turkey breast served on bread with stuffing and topped with turkey gravy, cranberry sauce

Turkey Club \$14 roast turkey, lettuce, tomato, bacon, mayo, choice of bread

New York Grilled Sandwich \$14 choice of corn beef or pastrami piled high on grilled rye

Urban Steak Sandwich \$15 grilled sliced steak, onions, peppers, mushrooms, provolone, bourbon sauce, ciabatta

Flounder Sandwich \$15 fried served on a brioche roll with lettuce and tomato, side pickle

Chicken Parm \$13 chicken cutlets, marinara sauce, provolone cheese on ciabatta, side pickle

French Dip \$14 tender beef brisket, swiss cheese served with au jus on ciabatta, side pickle

Grilled Four Cheese Sandwich \$12

grilled white bread with american, provolone, cheddar, swiss cheese

Greek Gyro \$13

choice of chicken breast or lamb slices, tomato, onion, tzatziki sauce on pita bread, side pickle

soups

Crock of French Onion \$8

with herb crouton and topped with melted cheese

Bowl Soup of the Day \$5

Bowl of Fresh Chili \$8

topped with onion and cheddar cheese

Bowl Chicken Soup \$5

salads

Greek Salad \$11 romaine lettuce, tomato, cucumber, red onion, olives, feta cheese, grape leaves, egg, greek dressing

Caesar Salad \$10 romaine lettuce, herb croutons, parmesan cheese, tossed in caesar dressing

B.L.T Salad \$11 mixed greens, bacon, cheddar cheese, tomato, cucumber, red onion, olives, hard boiled egg

Walnut Apple Salad \$11 fresh spinach, apple, walnuts, crumbled blue cheese, tomato, cucumber, red onion, olives

Cobb Salad \$11 fresh spinach, avocado, bacon, egg, tomato, cucumber, crumbled bleu cheese, red onion, olives

Mediterranean Salad \$11 fresh arugula, roasted peppers, fresh mozzarella, tomato, cucumber, red onion, olives

Protein Toppings: Grilled Chicken \$5, Grilled Shrimp \$7, Salmon \$9, Crab Cake \$9, Crispy Chicken \$5, Gyro Meat \$5, Bang Bang Shrimp \$7, Flank Steak \$7, Buffalo Chicken \$5, Grilled Vegetables(zucchini, mushrooms) \$5

Dressings: greek, balsamic vinaigrette, blue cheese, ranch, caesar, russian, honey mustard, lemon vinaigrette, fat free raspberry vinaigrette

quesadillas

grilled jalapenos, onions, tomato, cheddar cheese, grilled tortilla served with salsa, guacamole, sour cream

Grilled Chicken Quesadilla \$13

Sliced Steak Quesadilla \$14

Bang Bang Shrimp Quesadilla \$16

breaded shrimp with chipotle sauce

panini sandwiches

Served on pressed ciabatta bread, side of pickle, choice of french fries, cole slaw, sweet potato fries \$1, onion rings \$2 or side salad \$2

Chicken Caprese \$13 grilled chicken, spinach, fresh mozzarella, tomato, pesto

Balsamic Chicken \$13 crispy chicken, tomato, arugula, provolone cheese, balsamic glaze

Turkey Avocado \$13 turkey, bacon, avocado, crumbled blue cheese, chipotle sauce

Grilled Vegetable \$14 grilled zucchini, mushroom, roasted peppers, tomato, fresh mozzarella, pesto

beverages

coffee

Endless cup of regular coffee \$2.25

Endless cup of decaf coffee \$2.25

Endless glass of Iced Coffee \$3.25

tea

Endless Cup of hot tea or herbal tea \$2.25

Endless Glass of freshly brewed iced tea \$3.25

hot chocolate

Hot chocolate with marshmallows & whipped cream \$3

squeezed

Freshly squeezed orange juice 12oz \$4

Freshly squeezed grapefruit juice 12oz \$4

Freshly squeezed lemonade (free refills) \$4

juice

Apple juice 12oz \$2.75

Cranberry juice 12oz \$2.75

milk

Regular milk 12oz \$2.5

Chocolate milk 12oz \$2.5

stubborn sugar cane soda

(free refills) \$3.25

cola, black cherry, root beer, agave vanilla cream

soda (free refills) \$3.25

diet pepsi, sierra mist, ginger ale, club soda

Arnold Palmer (free refills) \$4

ice tea and freshly squeezed lemonade

Shirley Temple (free refills) \$3.25

lemon lime soda, grenadine

water

Bottle of spring water \$4

Bottle of sparkling mineral water \$4