

appetizers

Fish Tacos \$15
fried cod strips, slaw, chipotle sauce

Jumbo Wings(10) \$15
choice of buffalo or honey barbeque served with celery and carrot sticks

Boneless Chicken Wings \$13
choice of buffalo or honey barbeque served with celery and carrot sticks

Baked Stuffed Mushrooms with Crabmeat \$17
served with lemon butter sauce

Bang Bang Shrimp \$15
tossed in our chipotle sauce served over slaw

Hand Breaded Chicken Tenders \$13
served with choice of sauce

soups

Crock of French Onion \$8
with herb crouton and topped with melted cheese

Bowl Soup of the day \$5

salads

Greek Salad \$12
romaine lettuce, tomato, cucumber, red onion, olives, feta cheese, grape leaves, egg, greek dressing

Caesar Salad \$11
romaine lettuce, herb croutons, parmesan cheese, tossed in caesar dressing

B.L.T Salad \$12
mixed greens , bacon, cheddar cheese, tomato, cucumber, red onion, olives, egg

Protein Toppings: Grilled Chicken \$5, Grilled Shrimp \$7, Salmon \$9, Crab Cake \$9, Crispy Chicken \$5, Flank Steak \$7, Gyro Meat \$5, Bang Bang Shrimp \$7, Buffalo Chicken \$5, Grilled Vegetables(zucchini, mushrooms) \$5

Dressings: greek, balsamic vinaigrette, blue cheese, ranch, caesar, russian , honey mustard, lemon vinaigrette, fat free raspberry vinaigrette

grilled entrees

served with soup or salad(house, greek, caesar) and two vegetables

Grilled Chicken Breast \$19
seasoned and grilled

Chopped Beef Steak \$18
grilled mushroom, beef gravy

Grilled Pork Chops \$20
seasoned and grilled

Greek Style Lamb Chops \$28
seasoned with salt, pepper, fresh oregano and fresh lemon

NEW! Roast Prime Rib \$30
herb crusted with au jus

NEW! Filet Tips Marsala \$21
grilled fillet tips with mushroom marsala sauce served over rice (complete)

NEW! Cheesesteak Egg Rolls \$14
made in-house, served with sriracha ketchup

Fried Mozzarella Sticks \$11
served with marinara sauce

Fried Calamari \$15
served with marinara sauce and lemon wedges

Hand Breaded Onion Rings \$9
served with choice of sauce

Nachos \$14
tortilla chips, jalapenos, tomatoes, scallions, cheese, salsa, guacamole and sour cream.
choice of: chili, beef brisket or grilled chicken

NEW! Urban French Fries \$8
crispy french fries topped with bacon and melted cheddar cheese

Bowl of Fresh Chili \$8
topped with onion and cheddar cheese

Bowl Chicken Soup \$5

Walnut Apple Salad \$12
fresh spinach, apple, walnuts, crumbled blue cheese, tomato, cucumber, red onion, olives

Cobb Salad \$12
fresh spinach, avocado, bacon, egg, tomato, cucumber, crumbled bleu cheese, red onion, olives

Mediterranean Salad \$12
fresh arugula, roasted peppers, fresh mozzarella, tomato, cucumber, red onion, olives

Cowboy Flank Steak \$21
topped with grilled onions, peppers, mushrooms

Chicken Shish Kabob \$19 (complete)
chunks of chicken with fresh vegetables on a skewer grilled served over rice

Filet Mignon Shish Kabob \$21 (complete)
chunks of fillet mignon with fresh vegetables on a skewer grilled served over rice

quesadillas

grilled peppers, onions, tomato, cheddar cheese, grilled tortilla served with salsa, guacamole, sour cream

Grilled Chicken Quesadilla \$14

Sliced Steak Quesadilla \$15

Bang Bang Shrimp Quesadilla \$17 breaded shrimp with chipotle sauce

NEW! Vegetable Quesadilla \$14 broccoli, spinach, mushroom, zucchini

favorite entrees

served with soup or salad (house, greek, caesar) and two vegetables

Roast Turkey \$18
in house roasted turkey breast served with stuffing, cranberry sauce and turkey gravy

Brisket of Beef \$19
cooked in house, fork tender served with a beef jus

Mile High Meatloaf \$18
homemade meatloaf with grilled onions, peppers, mushrooms served over mashed potatoes with beef gravy topped with fried onion strings (complete)

Chicken Croquettes \$16
all white meat croquettes golden brown served over mash potato and turkey gravy, cranberry sauce

BBQ Ribs \$20
tender off the bone prepared in BBQ sauce

italian entrees

served with soup or salad (house, greek, caesar)

Spaghetti Marinara with Meatballs \$18

Chicken Penne ala Vodka \$19
tomato, garlic, vodka blush sauce

Chicken Parmesan \$19
breaded chicken cutlets, marinara sauce, provolone cheese served with spaghetti

NEW! Shrimp Scampi \$20
sauteed Shrimp with garlic in a white wine sauce served over spaghetti

NEW! Chicken Marsala \$19
sauteed chicken, with a mushroom marsala sauce served over penne pasta

baked seafood

served with soup or salad(house, greek, caesar) and two vegetables seasoned with salt, peppers, fresh thyme, olive oil, lemon

Filet of Flounder \$21

Jumbo Shrimp \$20

Filet of Salmon \$24

Filet of Cod \$21

NEW! Filet of Grouper \$24

fried seafood

served with soup or salad(house, greek, caesar) and two vegetables golden brown with lemon wedge, cocktail or tartar sauce

Filet of Flounder \$21

Jumbo Shrimp \$20

Fried Crab Cakes \$29

Fish and Chips \$21 (complete)
beer battered cod served with french fries, cole slaw, onion rings

homemade crab cakes

served with soup or salad(house, greek, caesar) and two vegetables topped with lobster sauce

Homemade Jumbo Lump Crab Cakes \$29
baked, topped with lobster sauce

Stuffed Salmon \$31
baked fillet of salmon stuffed with our crabmeat

Stuffed Flounder \$30
baked fillet of flounder stuffed with our crabmeat

NEW! Stuffed Grouper \$31
baked fillet of grouper stuffed with crabmeat

sides

\$5
garlic smashed potato, baked potato, loaded baked potato (bacon and cheddar + \$2) baked sweet potato, loaded sweet potato (marshmallow + 2), corn, string beans, broccoli, roasted mixed veggies, apple sauce, cole slaw, seasoned beets, rice pilaf, french fries, onion rings +2

panini sandwiches

served on pressed ciabatta bread, side of pickle, choice of french fries, cole slaw, fruit, sweet potato fries \$1, onion rings \$2 or side salad \$2

Chicken Caprese \$14 grilled chicken, spinach, fresh mozzarella, tomato, pesto

Turkey Avocado \$14 turkey, bacon, avocado, crumbled blue cheese, chipotle sauce

NEW! Roast Pork Panini \$15 Roast pork, spinach, roasted peppers, provolone cheese and balsamic glaze

specialty sandwiches

choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2 or side salad \$2

Crab Cake Sandwich \$19 baked, served on a brioche bun with lettuce and tomato, topped with lobster sauce

Classic Reuben \$16 choice of corn beef or pastrami on grilled rye with swiss cheese, sauerkraut, russian dressing, side pickle

NEW! Roast Prime Rib \$17 Prime rib roasted in house, grilled onions and peppers, provolone cheese, horseradish sauce

B.L.T Sandwich \$12 bacon, lettuce, tomato, mayo, choice of bread

Open Face Turkey Sandwich \$15 sliced turkey breast served on bread with stuffing and topped with turkey gravy, cranberry sauce

Turkey Club \$15 roast turkey, lettuce, tomatoes, bacon, mayo, choice of bread

NEW! Grouper Sandwich \$17 fried served on a brioche roll with lettuce and tomato, chipotle sauce, side pickle

Chicken Parm \$14 chicken cutlets, marinara sauce, provolone cheese on ciabatta, side pickle

French Dip \$15 tender beef brisket, swiss cheese served with au jus on ciabatta, side pickle

Grilled Four Cheese Sandwich \$13 grilled white bread with american, provolone, cheddar, swiss cheese

Greek Gyro \$14 choice of chicken breast or lamb slices, tomato, onion, tzatziki sauce on pita bread, side pickle

chicken sandwiches

grilled marinated chicken breast lettuce, tomato, side pickle served on a brioche roll choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2 or side salad \$2

Buffalo Chicken \$14 crispy chicken tossed in buffalo sauce side blue cheese dressing

BBQ Chicken \$15 bacon, BBQ, cheddar cheese, fried onion strings

French Onion Chicken \$15 sauteed mushrooms and onions, provolone, balsamic glaze

NEW! Blackened Chicken \$14 seasoned with blackened spices and topped with cheddar cheese

burgers

grilled 8 oz burger ground in our kitchen, lettuce, tomato side pickle, served on a brioche roll choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2 or side salad \$2

Traditional Cheese Burger \$13

American Burger \$15 bacon, fried onion strings, american cheese

Mushroom Burger \$15 sauteed mushrooms and onions, swiss cheese

NEW! Black and Bleu Burger \$15 seasoned with blackened spices and topped with crumbled bleu cheese

urban kitchen big breakfast

choice of pancakes, meat, two eggs(any style) and homefries (no substitutions)

Buttermilk Pancakes (2)\$14.50

Blueberry Pancakes(2) \$14.50

Cinnamon French Toast(2) \$15.50

Banana Walnut Pancakes(2) \$15.50

Belgium Waffle \$14.50

Choice of 1 meat: Pork Bacon, PorkSausage Links, Scrapple, Turkey Bacon \$1, Canadian Bacon \$1, Turkey Sausage Patti \$1

Toppings Strawberries \$3, Blueberries \$3, Bananas \$3, Walnuts \$3, Chocolate Chips \$2, Marshmallow \$2, Sweet Cream Cheese \$2, Oreos \$2, M&M's \$2, Nutella \$2

breakfast

make your own omelette

made with 3 eggs, homefries and toast (Sub egg whites \$1)

substitute home fries with fresh fruit or sliced tomato

Egg Omelette \$8

Meats: sausage \$2, bacon \$2, ham \$2, turkey bacon \$3, chorizo sausage \$3, turkey \$3, gyro meat \$4, chicken breast \$4, turkey sausage \$3

Vegetables: onion \$1, green peppers \$1, broccoli \$2, spinach \$2, avocado \$4, mushrooms \$2, tomato \$1, roasted peppers \$2, olives \$1, jalapenos \$2, salsa \$1

Cheese: american cheese \$2, swiss cheese \$2, provolone cheese \$2, feta cheese \$3, cheddar cheese \$2, fresh mozzarella \$3

Sweet Cream Cheese Stuffed French Toast \$14

2 french toast stuffed with strawberries, blueberries, bananas, walnuts, sweet cream cheese

Chicken and Waffles \$15

belgium waffle, hand breaded chicken tenders, warm syrup, butter

N.Y. Strip and Eggs \$21

2 eggs(any style), homefries and toast(sub egg whites \$1)

beverages

coffee

Endless cup of regular coffee \$2.75

Endless cup of decaf coffee \$2.75

Endless glass of Iced Coffee \$3.75

tea

Endless cup of hot tea or herbal tea \$2.75

Endless glass of freshly brewed iced tea \$3.75

NEW! Endless glass of freshly brewed sweet tea \$3.75

hot chocolate

Hot chocolate with marshmallows & whipped cream \$3.75

squeezed

Freshly squeezed orange juice 12oz \$4.50

Freshly squeezed grapefruit juice 12oz \$4.50

Freshly squeezed lemonade (free refills) **\$4.75**

Freshly squeezed strawberry lemonade (free refills) **\$5**

milk

Regular milk 12oz \$3

Chocolate milk 12oz \$3

soda (free refills) **\$3.75**

Pepsi, Diet Pepsi, Starry, Gingerale, Orange Crush, Rootbeer, Cherry Pepsi

juice

Apple juice 12oz \$3

Cranberry juice 12oz \$3

Arnold Palmer (free refills) **\$4.75**

ice tea and freshly squeezed lemonade

Shirley Temple (free refills) **\$3.75**

lemon lime soda, grenadine

water

Bottle of spring water \$4

Bottle of sparkling mineral water \$7

shakes and smoothies

Strawberry Banana Smoothie \$7.50

strawberries, banana, blended with greek yogurt

Wild Berry Smoothie \$7.50

strawberries, blueberries, banana, freshly squeezed orange juice, blended with ice

NEW! Berry Frozen Lemonade 7.50

strawberries, blueberries, fresh squeezed lemonade blended with ice

Pineapple Berry Smoothie \$7.50

pineapples, blueberries, strawberries, freshly squeezed orange juice, blended with ice

Banana Peanut Butter Smoothie \$7.50

banana, honey, peanut butter, almond milk blended with ice

Traditional Thick Milkshake \$7.50

choice of vanilla, chocolate, strawberry or black and white

Oreo Milkshake \$8.50

vanilla ice cream, oreo cookies, chocolate syrup

M&M Milkshake \$8.50

chocolate ice cream, M&M's, chocolate syrup

PB&J Milkshake \$8.50

vanilla ice cream, peanut butter, strawberries & blueberries

NEW! Banana Nutella Milkshake \$8.50

vanilla ice cream, banana, nutella, chocolate syrup

Root beer Float \$7.50

vanilla or chocolate ice cream topped with root beer

NEW! Orange Soda Float \$7.50

vanilla ice cream topped with orange soda