

appetizers

**Fish Tacos**  
fried cod strips, slaw, chipotle sauce

**Jumbo Wings(10)**  
choice of buffalo or honey barbeque  
served with celery and carrot sticks

**Boneless Chicken Wings**  
choice of buffalo or honey barbeque  
served with celery and carrot sticks

**Baked Stuffed Mushrooms  
with Crabmeat**  
served with lemon butter sauce

**Bang Bang Shrimp**  
tossed in our chipotle sauce  
served over shredded lettuce

**Hand Breaded  
Chicken Tenders**  
served with choice of sauce

soups

**Crock of French Onion**  
with herb crouton and  
topped with melted cheese

**Bowl Soup of the day**

**Bowl Chicken Soup**

salads

**Greek Salad**  
romaine lettuce, tomato, cucumber,  
red onion, olives, feta cheese,  
grape leaves, greek dressing

**Caesar Salad**  
romaine lettuce, herb croutons,  
parmesan cheese, tossed in caesar  
dressing

**Garden Salad**  
mixed greens, tomato, cucumber,  
red onion, olives, hard boil egg

**B.L.T Salad**  
mixed greens , bacon, cheddar cheese,  
tomato, cucumber, red onion, olives,  
hard boiled egg

**Avocado Salad**  
fresh spinach, avocado, bacon,  
crumbled blue cheese, tomato,  
cucumber, red onion, olives

**Protein Toppings:** Grilled Chicken, Grilled Shrimp, Salmon, Crab Cake,  
Crispy Chicken, Grilled Flank Steak, Gyro Meat, Scoop Tuna Fish,  
Scoop Chicken Salad, Bang Bang Shrimp, Buffalo Chicken,  
Deli Meats(turkey and ham), Grilled Vegetables(zucchini, mushrooms, eggplant)

**Dressings:** greek, balsamic vinaigrette, blue cheese, ranch, caesar, russian , honey mustard,  
lemon vinaigrette, fat free raspberry vinaigrette

grilled entrees

*Served with soup or salad(house, greek, caesar) and two vegetables*

**Grilled Chicken Breast**  
seasoned and grilled

**Chopped Beef Steak**  
grilled mushroom, beef gravy

**Grilled Pork Chops**  
seasoned and grilled

**Cowboy Flank Steak**  
topped with grilled onions,  
peppers, mushrooms

**New York Strip Steak**  
topped with fried onion strings

**Greek Style Lamb Chops**  
seasoned with salt, pepper, fresh  
oregano and fresh lemon

**Cheesesteak Egg Rolls**  
served with sriracha ketchup

**Fried Mozzarella Sticks**  
served with tomato sauce

**Fried Calamari**  
served with tomato sauce  
and lemon wedges

**Gauc and Salsa**  
tortilla chips served with  
salsa and guacamole

**Hand Breaded Onion Rings**  
served with choice of sauce

**Nachos**  
tortilla chips, jalapenos, tomatoes,  
scallions, cheese, salsa, guacamole  
and sour cream.  
choice of: beef brisket or grilled chicken

**Bowl of Fresh Chili**  
topped with onion and  
cheddar cheese

**Bowl Tomato Soup**

**Walnut Apple Salad**  
fresh spinach, apple, walnuts,  
crumbled blue cheese, tomato,  
cucumber, red onion, olives

**Arugula Salad**  
fresh arugula, walnuts, beets,  
crumbled feta cheese

**Cobb Salad**  
mixed greens, avocado, bacon, egg,  
tomato, cucumber, red onion, olives

**Mediterranean Salad**  
fresh arugula, roasted peppers, fresh  
mozzarella, tomato, cucumber,  
red onion, olives

**Wedge Salad**  
Iceberg lettuce, bacon, hard boiled,  
crumbled blue cheese, tomatoes

**Urban Kitchen Combo**  
grilled fillet mignon and shrimp  
served with a bourbon sauce

**Chicken Shish Kabob**  
(complete)  
chunks of chicken with fresh  
vegetables on a skewer grilled  
served over rice

**Filet Mignon Shish Kabob**  
(complete)  
chunks of fillet mignon with fresh  
vegetables on a skewer grilled  
served over rice

favorite entrees

*Served with soup or salad(house, greek, caesar) and two vegetables*

**Roast Turkey**  
in house roasted turkey breast served with stuffing,  
cranberry sauce and turkey gravy

**Brisket of Beef**  
cooked in house, fork tender served with a beef jus

**Mile High Meatloaf**  
homemade meatloaf with grilled onions, peppers, mushrooms  
served over mashed potatoes with beef gravy topped with  
fried onion strings (complete)

**Chicken Croquettes**  
all white meat croquettes golden brown served over mash  
potato and turkey gravy, cranberry sauce

**BBQ Ribs**  
tender off the bone prepared in BBQ sauce or dry rub

italian entrees

*Served with soup or salad(house, greek, caesar)*

**Spaghetti**  
choice of tomato sauce or four cheese alfredo sauce  
meatballs sauteed chicken sauteed shrimp

**Cheese Ravioli**  
choice of tomato sauce or four cheese alfredo sauce  
meatballs sauteed chicken sauteed shrimp

**Fettuccine Broccoli Alfredo**  
broccoli florets, four cheese creamy alfredo sauce  
meatballs sauteed chicken sauteed shrimp

**Spaghetti Mediterranean**  
olives, mushrooms, tomato, feta cheese, white wine sauce  
meatballs sauteed chicken sauteed shrimp

**Penne ala Vodka**  
tomato, garlic, vodka blush sauce  
meatballs sauteed chicken sauteed shrimp

**Pesto Tortellini**  
zucchini, eggplant, mushrooms, roasted peppers, spinach,  
pesto, white wine sauce  
meatballs sauteed chicken sauteed shrimp

**Chicken Parmesan**  
breaded chicken cutlets, tomato sauce, provolone cheese  
served with spaghetti

**Eggplant Parmesan**  
breaded eggplant, tomato sauce, provolone cheese  
served with spaghetti

baked seafood

*served with soup or salad(house, greek, caesar) and two vegetables  
seasoned with salt, peppers, fresh thyme, olive oil, lemon*

**Fillet of Flounder Jumbo Shrimp**  
**Fillet of Salmon Fillet of Cod Rainbow Trout**

fried seafood

*served with soup or salad(house, greek, caesar) and two vegetables  
golden brown with lemon wedge, cocktail or tartar sauce*

**Fillet of Flounder Jumbo Shrimp**  
**Fish and Chips** (complete)  
beer battered cod served with french fries, cole slaw, onion rings

homemade crab cakes

*served with soup or salad(house, greek, caesar) and two vegetables  
served with lemon wedge, cocktail or tartar sauce*

**Homemade Jumbo Lump Crab Cakes**  
choice of baked or fried

**Stuffed Salmon**  
baked fillet of salmon stuffed with our crabmeat

**Stuffed Flounder**  
baked fillet of flounder stuffed with our crabmeat

**Baked Stuffed Trio**  
baked mushrooms, shrimp and flounder stuffed with our crabmeat

**Fried Trio**  
crabcake, shrimp, and flounder

sides

garlic smashed potato, rice pilaf, french fries, sweet potato fries, baked potato,  
baked sweet potato, mac and cheese, corn, string beans, broccoli, sauteed spinach,  
roasted brussel sprouts, apple sauce, cole slaw, seasoned beets

## flatbreads

**Margherita**   pesto, tomato, fresh mozzarella, spinach

**BBQ Chicken**   chicken, bbq sauce, red onion, cheddar cheese

**Vegetable**   zucchini, roasted peppers, asparagus, mushrooms, fresh mozzarella, balsamic glaze

**Mediterranean**   olives, eggplant, scallions, tomato, feta cheese, arugula, lemon vinaigrette

## quesadillas

*grilled jalapenos, onions, tomato, cheddar cheese, grilled tortilla served with salsa, guacamole, sour cream*

<b>Cheese Quesadilla</b>	<b>Grilled Chicken Quesadilla</b>
<b>Cheesesteak Quesadilla</b>	<b>Grilled Vegetable Quesadilla</b>
	zucchini, mushrooms, spinach, eggplant

## wraps

*choice of french fries, coleslaw, fruit, sweet potato fries, onion rings or side salad*

**Chicken Caesar Wrap**   grilled chicken, lettuce, tomatoes, parmesan cheese, caesar dressing

**Buffalo Chicken Wrap**   crispy chicken, lettuce, tomatoes, buffalo sauce, blue cheese dressing

**Bang Bang Shrimp Wrap**   crispy shrimp, lettuce, tomatoes, chipotle sauce

**Salmon B.L.T Wrap**   grilled salmon, bacon, arugula, tomatoes, lemon vinaigrette

**Turkey Avocado Wrap**   turkey, bacon, spinach, tomatoes, guacamole

## panini sandwiches

*Served on pressed ciabatta bread, side of pickle, choice of french fries, cole slaw, fruit, sweet potato fries, onion rings or side salad*

**Chicken Caprese**   grilled chicken, spinach, fresh mozzarella, tomato, pesto

**Balsamic Chicken**   crispy chicken, tomato, arugula, provolone cheese, balsamic glaze

**Turkey Avocado**   turkey, bacon, avocado, crumbled blue cheese, chipotle sauce

**Grilled Vegetable**   grilled zucchini, mushroom, eggplant, roasted peppers, tomato, fresh mozzarella, pesto

## burgers

*grilled 8 oz burger ground in our kitchen, lettuce, tomato side pickle, served on a brioche roll choice of french fries, coleslaw, fruit, sweet potato fries, onion rings or side salad (sub for a Vegetable Burger)*

<b>American Burger</b>	<b>Traditional Cheese Burger</b>
bacon, fried onion strings, american cheese	<b>Greek Burger</b>
	feta cheese, olives, tzatziki
<b>Italian Burger</b>	<b>Avocado Burger</b>
fresh mozzarella, roasted peppers, pesto	avocado, bacon, crumbled blue cheese

## chicken sandwiches

*grilled marinated chicken breast lettuce, tomato, side pickle served on a brioche roll choice of french fries, coleslaw, fruit, sweet potato fries \$1, onion rings \$2 or side salad \$2*

<b>Traditional Chicken</b>	<b>Mediterranean Chicken</b>
	fresh mozzarella, roasted peppers, pesto
<b>Buffalo Chicken</b>	<b>Opa Opa Chicken</b>
crispy chicken tossed in buffalo sauce side blue cheese dressing	feta cheese, olives, tzatziki
<b>BBQ Chicken</b>	<b>Chicken Delight</b>
bacon, BBQ, cheddar cheese, fried onion strings	avocado, bacon, swiss cheese

## from the deli

*Served on your choice of bread with mayo, lettuce and tomato, side pickle choice of french fries, coleslaw, fruit, sweet potato fries, onion rings or side salad*

<b>Roasted Turkey Sandwich</b>	<b>B.L.T Sandwich</b>
<b>Chicken Salad Sandwich</b>	<b>Avocado B.L.T Sandwich</b>
<b>White Albacore Tuna Fish Sandwich</b>	
<b>Baked Virginia Ham Sandwich</b>	

## club sandwich

*Served on your choice of bread with bacon, lettuce, tomato and mayo, side pickle choice of french fries, coleslaw, sweet potato fries, onion rings or side salad*

<b>Turkey Club</b>	<b>Ham Club</b>
<b>Chicken Salad Club</b>	<b>White Albacore Tuna Fish Club</b>

## specialty sandwiches

*choice of french fries, coleslaw, fruit, sweet potato fries, onion rings or side salad*

**Crab Cake Sandwich**   baked or fried served on a brioche roll with lettuce and tomato, side pickle

**Classic Reuben**   choice of corn beef or pastrami on grilled rye with swiss cheese, sauerkraut, russian dressing, side pickle

**Open Face Turkey Sandwich**   sliced turkey breast served on bread with stuffing and topped with turkey gravy, cranberry sauce

**New York Grilled Sandwich**   choice of corn beef or pastrami piled high on grilled rye

**Philly Cheesesteak**   grilled onions, peppers, mushrooms, american cheese on a long roll, side pickle

**Flounder Sandwich**   baked or fried served on a brioche roll with lettuce and tomato, side pickle

**Chicken Parm**   chicken cutlets, tomato sauce, provolone cheese cheese on a long roll, side pickle

**French Dip**   tender beef brisket, swiss cheese served with au jus on a long roll, side pickle

**Grilled Four Cheese Sandwich**  
grilled white bread with american, provolone, cheddar, swiss cheese & a cup of tomato soup for dipping

**Greek Gyro**  
choice of chicken breast or lamb slices, tomato, onion, tzatziki sauce on pita bread, side pickle

## from the griddle

*Served with warm syrup and whipped butter*

<b>Buttermilk Pancakes</b>	Three
<b>Whole Grain Pancakes</b>	Three
<b>Blueberry Pancakes</b>	Three
<b>Chocolate Chip Pancakes</b>	Three
<b>Banana Walnut Pancakes</b>	Three
<b>Cinnamon French Toast</b>	Three

**Belgium Waffle**

**Toppings:** Strawberries, Blueberries, Bananas, Walnuts, Chocolate Chips, Marshmallow, Sweet Cream Cheese, Oreos, M&M's Peanut Butter Chocolate Cups, Nutella

**Sweet Cream Cheese Stuffed French Toast**  
2 french toast stuffed with strawberries, blueberries, bananas, walnuts, sweet cream cheese

**Chicken and Waffles**  
belgium waffle, hand breaded chicken tenders, warm syrup, butter

**Nutella Stuffed French Toast**  
2 french toast stuffed with bananas, chocolate chips, nutella

## make your own omelette

*Made with 3 eggs, homefries and toast (Sub egg whites \$1) Substitute home fries with fresh fruit, or sliced tomato*

**Egg Omelette**  
**Meats:** sausage, bacon, ham, turkey bacon, pastrami, corned beef, smoked salmon, chorizo sausage, turkey chili, gyro meat, chicken breast  
**Vegetables:** onion, green peppers, broccoli, asparagus, spinach, avocado, mushrooms, tomato, roasted peppers, olives, jalapenos, salsa

**Cheese:** american cheese, swiss cheese, provolone cheese, feta cheese, cheddar cheese, fresh mozzarella

## eggs

*(Sub egg whites \$1) Substitute home fries with fresh fruit, or sliced tomato*

**Two eggs** (any style) served with homefries and toast  
**Three eggs** (any style) served with homefries and toast

## breakfast sides

**Bacon Candy** - four slices of thick hardwood bacon baked with brown sugar and maple syrup \$7  
Pork Bacon, Pork Sausage Links, Scrapple,  
Corn Beef Hash, TurkeyBacon, Turkey Sausage Patties, Pork Roll,  
Ham Steak, Canadian Bacon, Chorizo Sausage, Grilled Chicken Breast,  
Home Fries, Avocado, Fresh Fruit, Guacamole

beverages

coffee

Endless cup of regular coffee  
Endless cup of decaf coffee  
Endless glass of Iced Coffee

tea

Endless Cup of hot tea or herbal tea  
Endless Glass of freshly brewed iced tea

hot chocolate

Hot chocolate with whipped cream

squeezed

Freshly squeezed orange juice 12oz  
Freshly squeezed grapefruit juice 12oz  
Freshly squeezed lemonade (free refills)

juice

Apple juice 12oz  
Cranberry juice 12oz  
Tomato juice 12oz

milk

Regular milk 12oz  
Chocolate milk 12oz  
Almond milk 12oz

soda (free refills)

pepsi, diet pepsi, wild cherry pepsi, sierra mist,  
ginger ale, root beer, bubly sparkling water

Arnold Palmer (free refills)

ice tea and freshly squeezed lemonade

Shirley Temple (free refills)

lemon lime soda, grenadine

water

Bottle of spring water  
Bottle of sparkling mineral water

shakes and smoothies

Strawberry Banana Smoothie

strawberries, banana, blended with greek yogurt

Wild Berry Smoothie

strawberries, blueberries, banana, freshly squeezed orange juice, blended with ice

Pineapple Berry Smoothie

pineapples, blueberries, strawberries, freshly squeezed orange juice, blended with ice

Banana Peanut Butter Smoothie

banana, honey, peanut butter, almond milk blended with ice

Traditional Milkshake

choice of vanilla, chocolate, strawberry or black and white

Oreo Milkshake

vanilla ice cream, oreo cookies, chocolate syrup

M&M Milkshake

chocolate ice cream, M&M's, chocolate syrup

Chocolate Banana Nutella Milkshake

chocolate ice cream, banana, nutella, chocolate syrup

Root beer Float

vanilla or chocolate ice cream topped with root beer

3228 B KIRKWOOD HWY,  
WILMINGTON, DE 94158

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